

# Seminars & Workshops - Adults 55+

## Winter 2024/2025



Be sure to pre-register for any of the following seminars & workshops at [newmarket.perfectmind.com](https://newmarket.perfectmind.com)

### **Spectrum Health Care: Aging well in Place**

📍 Newmarket Seniors' Meeting Place  
(474 Davis Drive)

📅 Tuesday, December 3, 2024

🕒 10 to 11 a.m.

**Free admission. Pre-registration required.**

**Registration Code: 50031**

Join Spectrum Health care in this 90-minute presentation about how older adults can learn ways to reach their goals to age well and in the place of their choice.

### **Miluzzi Family Hearing: Hearing Loss**

📍 Newmarket Seniors' Meeting Place  
(474 Davis Drive)

📅 Tuesday, December 10, 2024

🕒 10 to 11:30 a.m.

**Free admission. Pre-registration required.**

**Registration Code: 50120**

We are Miluzzi Family Hearing, providing free information sessions and presentations to raise awareness of the prevalence of hearing loss or damage, how it affects one's quality of life and how their work history may have impacted their hearing abilities.

### **Pixel Project Part 5: Digitizing Memories Workshop Series Part 5: How to use a document Scanner**

📍 Newmarket Seniors' Meeting Place  
(474 Davis Drive)

📅 Tuesday, February 2, 2025

🕒 10 to 11:30 a.m.

**Free admission. Pre-registration required.**

**Registration Code: 44959**

### **Pixel Project Program: Digitizing Memories Workshop Series**

📍 Newmarket Seniors' Meeting Place  
(474 Davis Drive)

**Free admission. Pre-registration required.**

Learn how to easily convert your old slides and films into digital formats and preserve your memories. Join our hands-on workshop for seniors 55+ to learn using a Kodak Slide and Film Scanner. Learn to digitize your cherished photos with the Epson FastFoto 680W. This program for seniors 55+ includes a full demo on organizing, scanning, and editing photos and more. Book a one-on-one session afterward through the Newmarket Public Library to work on your projects. **Inquire with the NSMP office or Newmarket Public Library for more information.**

**Stay in the know!**  
**For events, workshops, seminars and bus trips visit**  
**[newmarket.ca/adults55+](https://newmarket.ca/adults55+)**